



# Gym Schedule

## January 19-25, 2025

CADILLAC AREA YMCA

The YMCA reserves the right to revise the schedule as needed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div style="border: 1px solid black; padding: 5px; width: fit-content;">                     Pickleball 10:00 - 12:00                 </div>	Adult Drop-in Basketball 6:00-7:30 am		Adult Drop-in Basketball 6:00-7:30 am		Adult Drop-in Basketball 6:00-7:30 am		
	Pickleball Drop In 9:00am-12:00pm	Senior Fit 9:00 am-3:00 pm	Pickleball Drop In 9:00am-12:00pm	Senior Fit 9:00 am-3:00 pm	Pickleball Drop In 9:00am-12:00pm		
	Gymnastics 3:45-9:00pm	HWYC 5:00-8:00 pm	Akido 4:30-7:30 pm	Cardio Drumming 5:15-6:30 pm	Adult Drop-in Volleyball 7:30 - 9:00 pm		
				Pickleball 7:00 - 8:30 pm			