

Summer Lunch Menu - June 2024

Monday	Tuesday	Wednesday	Thursday	Friday
19	20	21	22	23
Wowbutter and Jelly Sandwich	Ham & American Cheese on a Whole Grain Hoagie	Pepperoni Breadstick w/ Marinara Sauce	Cheeseburger on a Whole Grain Bun	Bosco Sticks w/Marinara Sauce
Fresh Vegetable Fresh Apple	Baby Carrots Diced Peaches	Onion Rings Orange Wedges	Cherry Tomatoes Fresh Cut Fruit	Baked Crinkle Cut Fries Banana
26	27	28	29	30
French Toast Bites, Scrambled Eggs Sausage Patties	Wowbutter and Jelly Sandwich String Cheese	Pepperoni Pizza	Chicken Tenders Pretzel Rod BBQ Sauce	Burrito w/Salsa and Sour Cream
Cherry Tomatoes Applesauce	Baby Carrots Fresh Grapes	Steamed Broccoli Fresh Orange	Celery Sticks Applesauce Chocolate Chip Cookie	Steamed Corn Banana
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Adult Lunch \$5.75

SFSP Lunch consists of 4 components: 1)
Meat/Meat Alternative (2 oz equivalent) 2)
Two servings of Fruit/Vegetable (3/4 cup total; 3) Grains (1 oz Eq); 4) Milk (1 Cup)

This institution is an equal opportunity provider.



Summer Lunch Menu - July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Mini Corn Dog Onion Rings	Wowbutter and Jelly Sandwich String Cheese Fresh Sliced Cucumbers	Closed for Holiday	Closed for Holiday Happy Fourth of Juy	Closed for Holiday
Fresh Apple	Fresh Grapes			
8 Walking Taco Beef Taco Meat w/Chips,	9 Turkey & Swiss on Whole Grain Croissant	10 Pepperoni Pizza	11 Chicken Alfredo Breadstick	12 Beef Fiestada Sandwich
Cheddar Cheese & Salsa Black Beans & Corn Diced Pears	Baby Carrots Fresh Apple	Steamed Broccoli Fresh Grapes	Steamed Broccoli Fresh Cut Fruit	Celery Sticks Banana
15 Crispy Chicken Sandwich	16 Ham & American Cheese	17 Cheese Pizza	18 Cheeseburger on a	19 Bosco Sticks w/Marinara
on Whole Grain Bun	on a Whole Grain Hoagie		Whole Grain Bun	Sauce
Baked Beans Fresh Apple	Baby Carrots Diced Peaches	Cherry Tomatoes Orange Wedges	Fresh Cucumbers Fresh Cut Fruit	Baked Crinkle Cut Fries Banana
22	23	24	25	26
French Toast Bites, Scrambled Eggs Sausage Patties	Wowbutter and Jelly Sandwich String Cheese	Pepperoni Pizza	Chicken Tenders Pretzel Rod BBQ Sauce	Burrito w/Salsa and Sour Cream
Cherry Tomatoes Applesauce	Fresh Sliced Cucumbers Fresh Grapes	Steamed Green Beans Fresh Orange	Celery Sticks Applesauce Chocolate Chip Cookie	Steamed Corn Banana

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Summer Lunch Menu - August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
July 29th	July 30th	July 31st	1	2
Mini Com Dog	Ham & American Cheese on a Whole Grain Hoagie	Pepperoni Breadstick w/Marinara Sauce	Macaroni and Cheese Pretzel Rod	Chicken Quesadilla w/ Salsa
Onion Rings Fresh Apple	Fresh Cauliflower Fresh Cut Fruit	Steamed Carrots Fresh Grapes	Fresh Broccoli Banana	Baked Crinkle Cut Fires Diced Strawberry Fruit cup
5	6	7	8	9
Walking Taco Beef Taco Meat w/Chips, Cheddar Cheese & Salsa	Turkey & Swiss on Whole Grain Croissant	Pepperoni Pizza	Chicken Alfredo Breadstick	Beef Fiestada Sandwich
Black Beans & Corn Diced Pears	Baby Carrots Fresh Apple	Steamed Green Beans Fresh Grapes	Steamed Broccoli Fresh Cut Fruit	Celery Sticks Banana
12	13	14	15	16
Crispy Chicken Sandwich on Whole Grain Bun	Ham & American Cheese on a Whole Grain Hoagie	Cheese Pizza	Cheeseburger on a Whole Grain Bun	Bosco Sticks w/Marinara Sauce
Baked Beans Fresh Apple	Baby Carrots Diced Peaches	Cherry Tomatoes Orange Wedges	Fresh Cucumbers Fresh Cut Fruit	Baked Crinkle Cut Fries Banana
				Cadillac YMCA Camp Torenta Emmanuel Lutheran Church Viking Leaming Center

Adult Lunch \$5.75

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Meat/Meat Alternative (2 oz equivalent) 2)
Two servings of Fruit/Vegetable (3/4 cup total; 3) Grains (1 oz Eq); 4) Milk (1 Cup)

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